## DYNAMIC INDEPENDENCE TRAILS



Whether you have a new puppy, a new rescue dog, an older dog, or a dog with behavioral concerns, every dog can benefit from having opportunities to independently explore and engage with their world.

By using engaging enrichment that's designed based on the individual dog's emotional well-being we can create exploration trails that are focused on positively influencing the feelings of independence for all dynamic canines in our lives.

This simple, effective technique can help improve a dog's confidence and their sense of independence where they are in full control, and we simply start by using the world of enrichment with items that you have at your fingertips.

The trails are easy to do, and are easy on budgets, but they can provide priceless results for improving the emotional well-being of all dogs.

Read on for important tips to build dynamic trails of independence that you can tailor for your dynamic canine.

Here's to Happy Trails n' Waggin' Tails! Cheers! Rose



## PLANNING TIPS for DYNAMIC INDEPENDENCE TRAILS

- INDEPENDENCE TRAILS FREE From PEOPLE!
- SAFETY FIRST Environment Matters
- KNOW YOUR DOG Body Language
- SET FOR SUCCESS Begin with Easy Trails
- DOG CHOOSES WHEN TO HIT THE TRAIL No Prompting
- TRAILS AREN'T ON A TIME LIMIT Dog Sets the Pace
- TRAILS CAN BE LEFT BEHIND No Pressure to Finish!
- TRACK YOUR DOG Record / Live Stream the Trail Action
- TALLY THE RESULTS Data Matters: Assess to Progress



## BUILDING TIPS for DYNAMIC INDEPENDENCE TRAILS

- TRAIL MIX Treats / Food Your Pup LOVES!
- FOOD PUZZLES Homemade / Bought
- THINGS TO HEAR Calming, Low Volume
- THINGS TO SNIFF Safe, Novel Odors
- THINGS TO SEE Safe, Novel Objects
- THINGS TO PLAY Safe Toys, Known & New
- TRAILS ARE DYNAMIC Engaging, Evolving Enrichment
- TRAIL CHALLENGES Emotions set the Pace, it's not a Race!
- BRANCH OUT Set Trails in New Safe Areas